

Full Report (All Nutrients) 45127018, SUNSHINE CHEEZ-IT ITALIAN CHEESE 26.6OZ, UNPREPARED, GTIN: 00024100109517

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Report Date: May 29, 2017 05:54 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Kellogg Company US

Nutrient	Unit	Data points	Std. Error	1 Package 42g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	210	500
Protein	g	--	--	4.00	9.52
Total lipid (fat)	g	--	--	11.00	26.19
Carbohydrate, by difference	g	--	--	24.00	57.14
Fiber, total dietary	g	--	--	1.0	2.4
Sugars, total	g	--	--	3.00	7.14
Minerals					
Calcium, Ca	mg	--	--	60	143
Iron, Fe	mg	--	--	1.08	2.57
Sodium, Na	mg	--	--	380	905
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Vitamin A, IU	IU	--	--	100	238
Lipids					
Fatty acids, total saturated	g	--	--	2.50	5.95
Fatty acids, total monounsaturated	g	--	--	2.50	5.95
Fatty acids, total polyunsaturated	g	--	--	5.00	11.90
Fatty acids, total trans	g	--	--	0.00	0.00
Cholesterol	mg	--	--	5	12

Amino Acids

Other

Ingredients
CRACKER: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID), SOYBEAN OIL WITH TBHQ FOR

FRESHNESS, CHEESE MADE WITH SKIM MILK (SKIM MILK, WHEY PROTEIN, CHEESE CULTURES, SALT, ENZYMES, ANNATTO EXTRACT FOR COLOR), SUGAR, CHEDDAR CHEESE (CULTURED MILK, SALT, ENZYMES), SALT, LEAVENING (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), PAPRIKA, SODIUM CASEINATE, NATURAL FLAVOR, PAPRIKA OLEORESIN COLOR, XANTHAN GUM, POTASSIUM SORBATE, ANNATTO COLOR, ENZYME, SOY LECITHIN, FILLING: VEGETABLE OIL (SOYBEAN, PALM, AND PALM KERNEL OIL WITH TBHQ FOR FRESHNESS), MALTODEXTRIN, WHEY, CORNSTARCH, CHEDDAR CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), PALM OIL, RICOTTA CHEESE (WHEY, MILKFAT, LACTIC ACID, SALT), NATURAL AND ARTIFICIAL FLAVORS, SALT, YEAST EXTRACT, LACTIC ACID, ONION POWDER, DISODIUM PHOSPHATE, GARLIC POWDER, ROMANO CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), PARMESAN CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), MOZZARELLA CHEESE (PASTEURIZED MILK, CHEESE CULTURES, SALT, ENZYMES), CITRIC ACID, DISODIUM INOSINATE, DISODIUM GUANYLATE, PEANUT BUTTER (ROASTED PEANUTS). *Date Last Updated by Company: 08/06/2016*